

**March  
2024**

Making friends, making a difference — together

**H U M E  
E N S  
S H E D**  
Sunbury

# SHEDDERS NEWS



Dale and Stephen hard at work for the making a seat for "Millett's Rest"



Well done  
Barry for  
a job well  
done

Keep up the excellent work men



Two old  
gentlemen  
working  
on an old  
machine



Well done Steven  
with a design for  
making life a little  
easer for making  
kids chairs

**Using Shed Material and Equipment for personal use? Don't forget to make a donation**

# President Report

## March 2024



There are a number of interesting activities underway. The installation of 4 additional Wicking Garden Beds is progressing, given the success of the first 2 I can see more of the traditional Beds being replaced in the near future. If you have not had a look its worth the walk out to the garden.

The lean to next to the containers has been removed and the construction of the outdoor seating area is well underway. A motorized awning is being investigated as well as the construction of planter boxes come seats. We have a number of aluminum chairs for use in the space and there is talk of making picnic tables if you are looking for something to occupy your time.

One large garden bed has been deconstructed to provide a more useable car park a second smaller one has been identified for removal. Volunteers welcome for this task.

The growing amount of Stuff has been discussed and steps to remove it have been identified, if there is any metal in the dump area that you can use let a committee member know.

A number of members soldiered on at the Bunnings BBQ in very high temperatures, we thank them for their efforts. This again highlights the need for volunteers, the more we have the shorter the shifts can be, please consider helping out, remember these BBQ's provide a significant amount of income for the operations of the Shed.

The Winslow Board Room Table is waiting on the legs to return from powder coating, once this happens the table will be ready to deliver.

The nativity scenes are being constructed in readiness for the Xmas season and to fulfil existing orders, again your assistance would be appreciated.

Orders for children's tables and chairs are being filled as rapidly as can be achieved, we have also donated a table and two chairs to the Cruise for Kids remember to buy a raffle ticket if you attend.

Have a Happy and Safe Easter

**Don't wait to be asked to volunteer, offer to volunteer**

## Extract of Minutes of meeting 168 Tuesday 19<sup>th</sup> March 2024

### Correspondence

19 pieces of correspondence were dealt with.

### General Business

1/ It has been suggested that we get shed member Jon Fettes from Regenerate Engineering to do a talk on next steps for solar panel owners given looming withdrawal of the Gov 70 cents a kilowatt later this year.

2/ Shed web site needs attention. President name was amended.

3/ Suggest arrange collection of old steel scrap metal, old mowers etc., maybe Sunbury scrap metal recycling 0401 951 424 Ted to follow up

4/ Solar panels are really dirty on the railway side., Hume Council contacted

5/ Update on the purchase of another large vacuum cleaner. Funds appears to be credited to wrong account. Purchase to go ahead.

6/ Do we need a sliding door installed for the general office, possibly between area and the machine area. Access for members in wheel chair or walkers. Kervin S to arrange to alter the two doors to sliding doors with a budget of \$250.

7/ Bunnings sausage sizzle. The Shed needs to establish with Bunnings a policy to protect our members. This last event highlighted the extreme weather conditions, temperature at 8am was 27 C and quickly increased to 38 C. On a worksite work would stop at 35 C. We need to look after our volunteers.

8/ Spoke with Lynn at Bunnings, there is no policy from Bunnings but we can close early if the temperature is too hot. We can also cancel the day if it is too hot.

The two large Eskys in the trailer require replacement, same size with lids that are attached and can be secured down to keep food cooled, as required. Purchase two new ones  
Office area potentially needs some sort of ventilation to keep heat from UPS, computer equipment etc building up causing issues. 11.3 I opened office at 8 a.m. and it was very warm/hot in the area around the UPS and screen. Decided no action required

Consideration in producing coffee mugs for members with Hume Men's Shed & Logo Celebrating 10 years and date. To be available by August for the 10<sup>th</sup> year anniversary. Either provide a mug for each financial member at shed cost of for sale to interested members.

Identify equipment that is desired to be replaced, e.g. wood lathe and have the item for sale and removal before replacement / upgraded item purchased. Will assist in replacement cost and avoid item being stored in area causing obstructions. Old equipment to be sold for 1/3 price of replacement cost.

Review 5 year plan at April Meeting – request suggestions from section heads etc

New Honour board nearly finished

Welders to be repaired and sold

Kevin Wood to research costs of water cooler for the shed

Wicker beds approximately \$360 required to finish the beds. NOTE spoke to Lynn at Bunnings and suggested we get a quote from the Trade Section to lower the cost.





We used to go to wed-  
dings,  
Football games and  
lunches.  
Now we go to funeral  
homes  
And after-funeral  
brunches.

We used to go to night-  
clubs  
And drink a little booze.  
Now we stay home at  
night  
And watch the evening  
news.



We used to often travel  
To places near and far.  
Now we get sore arses  
From riding in the car.

That, my friend is how  
life is,  
And now my tale is  
told.  
So, enjoy each day and  
live it up...



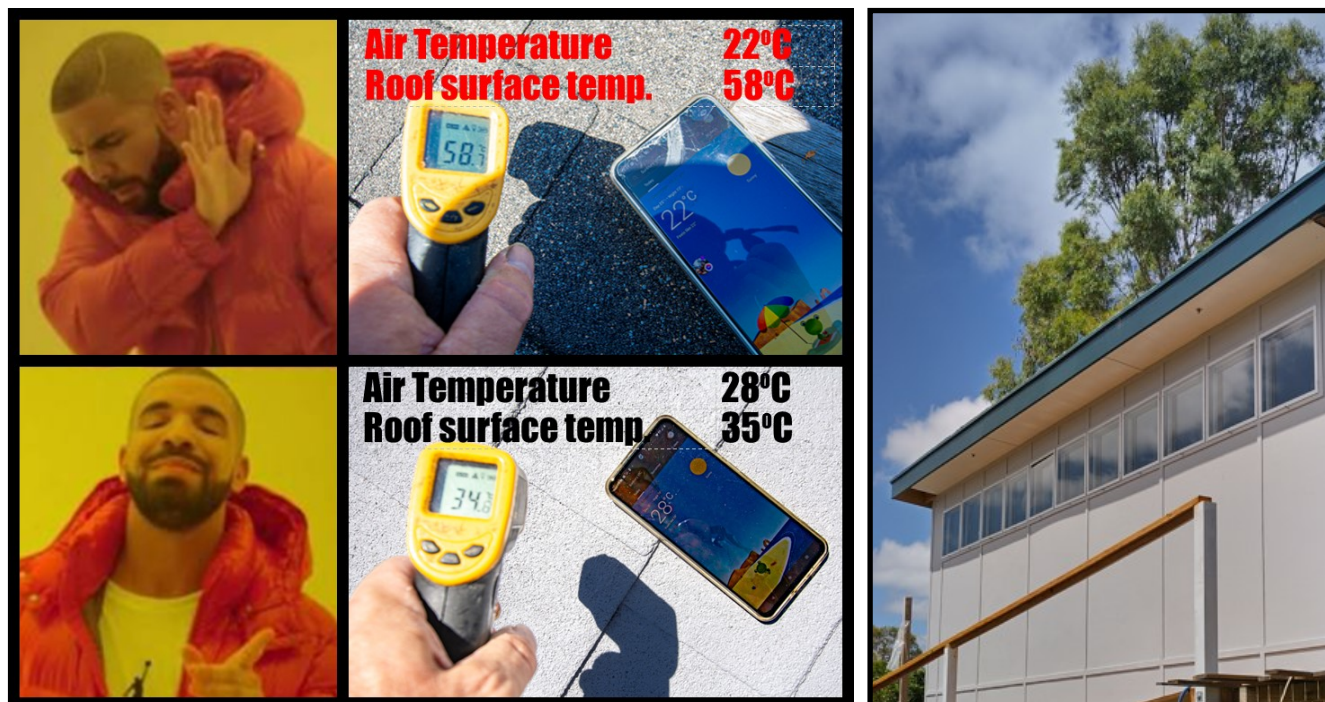
A sphere has three, a circle has two, and a point has zero. What is it?

Answer last page

"Poor old fool," thought the well-dressed gentleman as he watched an old man fish in a puddle outside a pub. So he invited the old man inside for a drink. As they sipped their whiskeys, the gentleman thought he'd humor the old man and asked, "So how many have you caught today?" The old man replied, "You're the eighth."

## Sponsor news – Regenerate Engineering “Passive Shed”

Looking out over Sunbury's new landscape only one in every 5 or 6 new houses has a white roof. This is a shame, as these big black hot boxes which often are brick veneer on the ground floor and light weight upstairs have to be cooled down A LOT in summer to be habitable. Usually when the residents come home after work just when solar generation is getting low; something that our electricity grid struggles with. We all pay in our energy bills for this by having to make the “poles and wires” infrastructure big enough to meet the peak demands.



The Passive Shed currently under construction in my back yard is a lightweight structure which is two storeys—just like the upper storey of those Mc Mansions. Even though it is really well insulated and sealed, the power of the radiant energy beating down on it was too much for the building to handle. It would quickly get 'bloody hot' inside on a sunny day. The 1000 watts per square meter landing on it were too much for the building fabric to handle. The surface temperature could get to 60°C or higher. But the plan was always to shield the building from the outside with a cool roof coating. This has been applied to walls and to the Asphalt shingle roof. Now the building still gets a bit warm, but I should be able to live with it.

Heat energy through the building fabric is restricted in its passage into the house by the R value of the building fabric and its insulation. Multiplied by the temperature drop between outside and inside (or vice versa) and the area of the surface of the building exterior. So if the roof temperature is severely elevated as much as twice the amount of heat will pass through it. When the reflective “foil” is on the outside rather than buried in the roofing it becomes much more effective.

Another top tip used in the passive shed design is to keep the sun off the windows in summer and on the windows in winter. This is done by the correct positioning and sizing of windows and eaves. In winter the sun will flood in and warm the place up.

Cheers, Jon Fettes

## Proud to be British

If you had purchased £1,000 of shares in Delta Airlines one year ago, you would have £49.00 today

If you had purchased £1,000 of shares in AIG insurance company one year ago, you would have £33.00 today.

If you had purchased £1,000 of shares in Lehman Brothers five years ago, you would have nothing today.

If you had purchased £1,000 of shares in Northern Rock three years ago, you would have nothing today

But, if you had purchased £1,000 worth of beer one year ago at Tesco's, drunk all the beer, then taken the aluminium cans to the scrap metal dealer, you would have received a £214.00.

Based on the above, the best current investment plan is to drink heavily & recycle.

A recent study found that the average Briton walks about 900 miles a year.

Another study found that Britons drink, on average, 22 gallons of alcohol a year.

That means that, on average, Britons get about 41 miles to the gallon!

Makes you proud to be British.

124

		8	2					
	3			5				
		9					2	7
	9		4				3	1
		5		3		6	7	
	4	7	6	2		9	8	5
	6			4				
		2	5					
			1			8	6	

In each of these equations move one match stick too make the equation correct



# COMPASSION NORTH

*"People matter - so, we'll never stop caring."*



**STAY SAFE, STAY HEALTHY**



*HAVE YOU LOOKED AT OUR WEB  
PAGE LATELY??*

<https://sunburymensshed.com>

The web site is constantly being updated and suggestions are very welcome.

Pages on the site include;

All the Newsletters

Photo Gallery

Contacts and links etc etc

 **Aussie  
Broadband**  
*Bloody Good Broadband*

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# The Wooden Bowl

I guarantee you will remember the tale of the Wooden Bowl  
tomorrow, a week from now, a month from now, a year from now.

.....A frail old man went to live with his son, daughter-in-law, and four-years - old grandson.  
The old man's hands trembled, his eyesight was blurred, and his step faltered.

The family ate together at the table. But the elderly grandfather's shaky hands and  
failing sight made eating difficult. Peas rolled off his spoon onto the floor.  
When he grasped the glass, milk spilled on the tablecloth.

The son and daughter-in-law became irritated with the mess.  
'We must do something about father,' said the son.  
'I've had enough of his spilled milk, noisy eating, and food on the floor.'

So the husband and wife set a small table in the corner.  
There, Grandfather ate alone while the rest of the family enjoyed dinner.  
Since Grandfather had broken a dish or two, his food was served in a wooden bowl.

When the family glanced in Grandfather's direction, sometimes he had a tear in his eye as  
he sat alone.

Still, the only words the couple had for him were sharp admonitions when he dropped a  
fork or spilled food.

The four-year-old watched it all in silence.

One evening before supper, the father noticed his son playing with wood scraps on the  
floor.

He asked the child sweetly, 'What are you making?' Just as sweetly, the boy responded,  
'Oh, I am making a little bowl for you and Mama to eat your food in when I grow up.'  
'The four-year-old smiled and went back to work.

The words so struck the parents so that they were speechless.  
Then tears started to stream down their cheeks.

Though no word was spoken, both knew what must be done.

That evening the husband took Grandfather's hand and gently led him back to the family

For the remainder of his days he ate every meal with the family. And for some reason, neither husband nor wife seemed to care any longer when a fork was dropped, milk spilled, or the tablecloth soiled.

On a positive note, I've learned that, no matter what happens, how bad it seems today, life does go on, and it will be better tomorrow.

I've learned that you can tell a lot about a person by the way he/she handles four things: a rainy day, the elderly, lost luggage, and tangled Christmas tree lights.

I've learned that, regardless of your relationship with your parents, you'll miss them when they're gone from your life.

I've learned that making a 'living' is not the same thing as making a 'life..'  
I've learned that life sometimes gives you a second chance.

I've learned that you shouldn't go through life with a catcher's mitt on both hands.  
You need to be able to throw something back

I've learned that if you pursue happiness, it will elude you  
But, if you focus on your family, your friends, the needs of others, your work and doing the very best you can, happiness will find you

I've learned that whenever I decide something with an open heart, I usually make the right decision.

I've learned that even when I have pains, I don't have to be one.  
I've learned that every day, you should reach out and touch someone.

People love that human touch – holding hands, a warm hug, or just a friendly pat on the back.

I've learned that I still have a lot to learn.

I've learned that you should pass this on to everyone you care about .  
I just did.

# Birthday's for the month of

## March

Stephen Wade  
 Richard Gibbons  
 Kenneth Garth  
 Dale Wilkes  
 Stuart Dodd  
 John O'Donnell  
 Anthony Hill

## New Sheddy for the month of March

John Kensall



Kenneth Johnson



Rod Jackson



Chris Hansen



### The "Man's Three Rules upon Aging..."



1. Never pass a bathroom,
2. Don't waste a hard-on,
3. And never trust a fart.

### Dirty Machines

**It has been noted that some of the machines have been left dirty. So when you have finished, please clean up your own bloody mess.**



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Answer to the riddle: Dimensions

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