

**February
2023**

Making friends, making a difference — together

H U M E
E N
S H E D

Sunbury

SHEDDERS NEWS



**The Men's shed has just won
\$160**

with tattslotto

Ticket donated by

Nextra Sunbury Newsagency



Using Shed Material and Equipment for personal use? Don't forget to make a donation

President Report

February 2023



Hopefully everyone has had a wonderful Xmas and New Year and are ready to jump into a productive, hassle free 2023. The numbers attending have returned to a normal level with projects ramping up to a pleasing level.

The SES project has been completed in a relatively short time, I caught up with the Project Supervisor who is very happy with the results. In regards to the project itself it was very gratifying to see a number of members pitching in with something in the order of 240 450cm blocks being cut each morning. To give you an idea the team produced 1450 450CM Blocks, 180 wedges and 2400 95mm PVC slotted sleeves.

Thanks to all who participated (Too many to name you know who you are)

Looking forward there are already some major projects on the horizon, a large order of children's tables and chairs that will keep Gary, Andrew and team busy. An ornate park Bench for Barry to name a selection.

The garden area is being assessed for an automatic watering system, although an expensive exercise we are hopeful a Grant will be received for this improvement.

The situation with the Car Park extension is awaiting a contractor to be appointed by the Hume City council.

The slabs of timber that Winslow have been storing for the last 12 months are dried sufficiently to be collected, we will visit their compound and identify the pieces that we require. Put your thinking caps on, we need some ideas for its use.

The donation of tools has begun as have the sales of many of these items, keep on the lookout for any donations.

To those having/had medical procedures have a speedy recovery.

To those going on holidays have a great time, to those returning welcome back.

Don't wait to be asked to volunteer, offer to volunteer

Secretary Report

February 2023

Correspondence

21 pieces of correspondence were dealt with including;

1/ St. Andrews Church Letter of thanks ON NOTICE BOARD

4/ Bunnings Sausage sizzle invitation for Sunday 26th March

21/ Winslow Timber to be inspected and arrange delivery **Kevin S**

New Members/ Membership renewal

Sam Tartaglia

Foahala Powell

Paul Hutchinson

General Business

1/ NEW ACNC DIRECTIVE – NEW REPORTING REQUIREMENT FOR 2023 ONWARDS

2/ Key safe installed at front door to allow City of Hume access to the shed outside our hours. Only the City of Hume know the combination to the key safe as well as the secretary and president. Inside the box are the contact details of the executive committee and Kevin Swaffield. People wishing to access the shed must ring one of these contacts so that they can disarm and arm the alarm. Person coming to the shed to be viewed through the shed camera before entry

3/ City of Hume has suggested that they supply new locks to the entrance of the shed. The key will only open the shed and can only be copied on authority from the City of Hume. We would require minimum of 2 locks changes and do we also install a lock on the outside door of the machine shop? We would require 10 keys. Please note that the alarm still has to be disarmed and armed so the shed retains security within the shed.

4/ . Suggest making it known that if members do not wish to listen or participate in guest presentations that they should avoid making noise or vacate the shed. Point in question, Peter Hobbs had to tell two members to keep the noise down as we couldn't hear one of the presenters.

Footnote – members have been advised to stop all machinery during the talk. Suggest we send members a reminder of this plus the need to be quiet in other parts of the shed whilst there is a guest speaker. This could go out every time we send out notices for guest speakers.

Ensure vacuum and compressor is turned off.

5/ Lunch once a month on last Friday. Cooking lessons in prep of meal on Friday morning

6/ New pads have been received for the defibrillator; now registered with Ambulance Victoria and they advertise that the unit is available during shed hours. Victoria

7/ Minor maintenance City of Hume Items requested are Leak in machine shop and also between 2 sheds, Gutters and roofs need cleaning, Driveway and parking area needs repair, large overhanging tree branch over garden area poses risk to members., Kitchen area needs new smoke alarm

8/ We had a major leak problem in the new solar panel control boxes. Has been fixed.

Don't leave your mess for some one else to clean up

9/ Fluorescent light replacement. Free replacement scheme now finished look at replacing Hot Water System under Government Scheme

10/ Big Build Grant Sprinkler system for garden at the back at an estimate of \$8000 to \$12000

Look also at including new hot house for the garden.

11/ Natalie Giffin from Macedon Ranges Montessori Preschool in Riddells Creek. Looking at purchasing 10 sets of children tables and 2 chairs, including two larger tables. ie total 10 tables and 20 chairs

Albert to contact no extra cost for larger tables. Up to 6 months to complete subject to material availability

12/ Purchase new angle drill/driver for use with table and chairs and any other purpose within the shed. Andrew to purchase right tool with a limit of \$400

Moved Kevin S Seconded Andrew Carried

Meeting closed 10.40am



*HAVE YOU LOOKED AT OUR WEB
PAGE LATELY??*

<https://sunburymensshed.com>

The web site is constantly being updated and suggestions are very welcome.

Pages on the site include;

All the Newsletters

Photo Gallery

Contacts and links etc etc

A reminder to all Sheddies,

It is **your responsibility** to clean up your own mess,
don't wait until someone else cleans up your mess



A visit from Diabetes Victoria

Last Wednesday, Diabetes Victoria's staff, Alana, Giovanna and Marj came to the Men's Shed in Sunbury to speak about Diabetes Victoria's programs and services run for people at risk of, living with or impacted by diabetes.

The team talked about the *Life!* Program – a prevention program, which aims to reduce a person's risk of developing type 2 diabetes, heart disease and stroke through making healthier lifestyle changes. The program includes sessions with topics on healthy eating, physical activity and wellbeing.

They also spoke about Diabetes Victoria's Peer Support program, which can give help to shed members who are living with, or affected by, diabetes. The support they offer via this program was discussed, and how through the shed networks this program could connect others into diabetes education programs, and through annual grants, further resources as well as the ongoing support from peer support staff.

There were lots of great questions as well many stories of how shed members were living with diabetes themselves, or in some cases have a close family member they support with their diabetes.

Contact us to find out more

If you would like more information or how to get involved in either of the programs, you can contact the team at:

Life! program

Email: life@diabetesvic.org.au.

Phone: 13RISK

www.Lifeprogram.com.au

Peer Support Groups

Email: peersupportgroups@diabetesvic.com.au

Phone: 1300 437 386 (ask to speak to our peer support staff, a dietitian, diabetes nurse educator or our advocacy support team)

www.diabetesvic.org.au



This is one out of the box. Peter Hobbs has found his talent in woodworking, the item that he has made is a plant potting work bench, it is made out of reclaimed pallets (Good Job well done)

4	2		1		9		8	3
	1	5	3				6	
8				4	7			1
5	8			9	6	3	7	
	7			3		8		
3		9			5	2		
	5		9	1		6		
		4			8	1		
	9	8	6		3	7		5



FRUIT AND NUTS

Can you find all the words hidden in the grid? Read backwards or forwards, up or down, even diagonally. The words will always be in a straight line. Cross them off the list as you find them.

P	D	E	E	R	A	E	P	X	S	A	C	C	P	U	P	H	M
E	P	N	P	R	U	N	E	A	P	G	C	I	C	O	C	J	Y
A	W	I	T	Y	W	O	T	R	R	R	S	Q	M	A	G	I	F
N	B	R	N	T	Q	S	I	A	A	T	N	E	E	A	X	N	C
U	L	A	O	E	U	C	P	N	A	I	G	P	G	U	A	V	A
T	A	T	M	M	O	E	B	C	S	R	B	R	A	Z	I	L	S
M	C	C	A	T	C	E	H	I	A	C	N	O	M	E	L	P	H
E	K	E	E	H	R	I	A	N	A	A	O	R	A	N	G	E	E
L	C	N	E	R	O	R	A	Y	Y	N	D	U	M	Q	U	T	W
O	U	R	Y	U	Q	T	J	A	R	H	A	Z	E	L	N	U	T
N	R	Y	R	R	E	B	P	S	A	R	T	N	J	N	N	N	A
Y	R	R	E	B	W	A	R	T	S	F	E	O	A	S	A	T	N
Z	A	T	G	A	P	M	A	N	G	O	T	B	R	B	C	S	G
E	N	O	B	L	A	C	K	B	E	R	R	Y	E	O	E	E	E
M	T	M	G	M	P	N	I	R	A	D	N	A	M	S	P	H	L
I	W	A	Y	O	P	E	N	I	R	E	G	N	A	T	O	C	O
L	R	T	U	N	L	A	W	G	Z	N	M	U	L	P	Z	O	I
B	M	O	M	D	E	V	I	L	O	A	N	A	T	L	U	S	G

ALMOND	DATE	NECTARINE	POMEGRANATE
APPLE	FIG	OLIVE	PRUNE
APRICOT	GOOSEBERRY	ORANGE	RAISIN
BANANA	GRAPE	PAPAYA	RASPBERRY
BLACKBERRY	GUAVA	PEACH	SATSUMA
BLACKCURRANT	HAZELNUT	PEANUT	STRAWBERRY
BRAZIL	LEMON	PEAR	SULTANA
CASHEW	LIME	PECAN	TANGERINE
CHERRY	MANDARIN	PINE	TANGELO
CHESTNUT	MANGO	PISTACHIO	TOMATO
CRANBERRY	MELON	PLUM	WALNUT

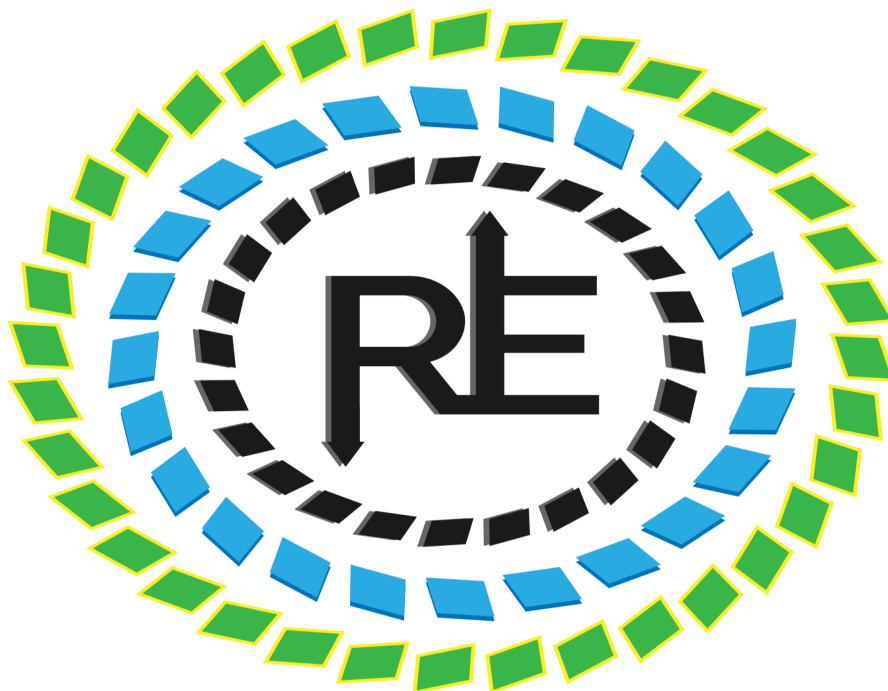
© THE PUZZLE COMPANY 043



Spread the Riddle...

I am
always hungry,
I must
always be
fed. The
finger I
lick will
soon turn
red. What
am I?

[Click here for the answer](#)



REGENERATE ENGINEERING



Pallet Deck Project by Jon Fettes

Salvaged waste timber garden deck with raft support foundations

I planned to have a deck area in my back garden for things like assembling stuff, woodworking and the like adjacent to a small home office building (yet to be completed). Didn't want to get a permit but didn't want to break the rules. Didn't want to use an unsustainable species like Merbau - they take 80 years to grow! Didn't actually want to use any purchased timber anyway, never mind the sustainability standard – its still cutting down a tree and its expensive. And I thought I might want to move it sometime in the future. Pallets, as always were the answer!

This is a method that uses 100% free and freely available timber for the materials, plus fasteners and finishes.

Size	2.95m x 5.75m (17m ²)
Materials	1/2 m crushed rock, weed mat Approx 8x long waste pallets – used to transport Merbau from Indonesia to Australia. From Bunnings Sunbury car park or by arrangement with Bunnings trade personnel 8x standard sized pallets 1/2"galvanised bolts: box 50mm Stainless decking screws: box Bitumen paint Decking oil – Feast & Watson wet look water based
Total cost of materials	\$300

Four of the pallets were transported whole from Bunnings, while most of the others were stripped in the car park – this made for less heroics with the family car's roof rack and trailer!

Once back to home base excess boards were removed from the 4 base pallets. Crushed rock was laid as flat as possible with the 8 pallets laid on top of weed mat. The 4 long pallets were placed on top and bolted together. The deck base was then levelled using scrap timber strategically stuck between the long pallets and the base pallets and a bitumen coating was applied.

All the decking timber was de-nailed, thickened, edge planed and chamfered. The boards were laid then fixed up. They had many nail holes and imperfections, but other than that were looking pretty good. Some are full length, so can do over 1.5 widths, while most timbers are shorter, of various lengths.

The deck has been laid for approx. 9 months and its still perfectly flat.

I will describe the images, from top left:

Donor pallet in Bunnings car park Sunbury

Foundation pallets bolted together, laid on thin layer of crushed rock and base pallets.

Finished deck. Will tidy up with edging/sides in due course.

Timber and imperfection repair detail

Gorgeous boards



Birthday's for the month of February

WAYNE TANNER
JON FETTES
GEOFFREY MOULDER
ANDREW WILSON
KENNETH FARROW
WILLIAM BORCHERT
DIETER JANKOVIC
DENNIS BANNAN
NATALE PERRI
IAN LUPSON



New sheddie for the month of February

SAM TARTAGLIA
FOAHALA POWELL
PAUL HUTCHINSON



COMPASSION
NORTH



"People matter - so, we'll never stop caring."

STAY SAFE, STAY HEALTHY

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Garden Area	Barry Burbridge
Metal Fabrication...(Fitting & turning)	Trevor Dunn
Barbecue, trailer stocking... (everything to do with food)	Peter Morphou



Shed Details

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SUNBURY MEN'S SHED

PROUDLY ACKNOWLEDGE

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SHOULDER TO SHOULDER