







Last session. Sponsored by Telstra 11 members enjoyed the informative on Anxiety and Depression. it helped participants to identify people with anxiety and depression in the shed and the community. It also gave them avenues where help can be obtained.

If you never have a go you will never know

president Report

June 2022



Good Day Shedders.

First of all I would like to Congratulate Chris Hogan on him receiving an OAM for his contribution to Medicine. On behalf of all Shedders we congratulate you on this very important achievement. Well Done.

As this will be my last report as President, I would like to start this month's report in thanking all of my team for all of their tremendous help throughout the past 2 years. Also all Shed Members for your ongoing support, which has enabled me to carry out the duties expected of me to the best of my ability.

It was good to see Wilko back recently for lunch. He hasn't been able to be in attendance due to his Health. He looks well, and we wish him a speedy recovery so that he can be down with the fellows soon. Also Albert had (new eyes), so he will be watching everyone like a hawk. Be Aware!!!!! Barry also had a fall in the garden and Lou is still not 100%. So we are looking for volunteers to help out in the garden please. If you can help, please let Barry or Stan know.

We also wish all our sickies a speedy recovery. If you or anyone you know needs any help, please do not hesitate to either contact myself or any Committee Members, who are only too willing to help in any way we can.

A big thankyou to Dale, who received several laptops as donations from Simonds the Builder. These should be very welcomed into our Shed, hopefully to be well used.

Thank you to Australia Post for grants which enabled us to conduct seminars on Health Safety and Wellbeing, which have been very informative and the guys that attended enjoyed it very much. We still have one more to go, and we are all looking forward to it.

Thank you to the guys who keep our Shed spic and span. A reminder that please tidy your

Don't wait to be asked to volunteer, offer to volunteer

NOTICE FOR ANNUAL GENERAL MEETING

The annual general meeting of the Hume Mens Shed Sunbury will be held at the shed on Wednesday 6th July 2022 10am

The following nominations for positions on the Committee have been received.

President: Dale Wilkes

Vice President: Robert Musson

Secretary: Albert Achterberg

Assistant Secretary: Ian Phillips

Treasurer: Peter Canning

Assistant Treasurer: Ted Riley

Committee Members:

Kevin Swaffield

Kevin Wood

Andrew Tait

Stephen King

The nominations do not exceed the vacancies so no election will be held.

Albert Achterberg

Secretary

Hume Mens Shed Sunbury Inc

158-160 Evans Street

Sunbury

Email: mensshedsunbury@gmail.com

SECRETARY'S REPORT June 2022

Minutes of meeting 146 21st June 22 Tuesday 21st June 2022 9.30am

Correspondence

29 pieces of correspondence were dealt with

New Members/ Membership renewal

Nil

General Business

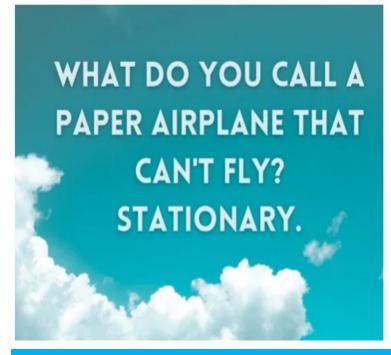
- 1/ Ratify minutes 06/06/22 Membership renewal and 2 new members
- 2/ President and Vice President 2022/23 approved by Compassion North
- 3/ Mezzanine Dale, Kevin and Ted talked with council engineer and decided not to proceed due to height restrictions and stairway. Item removed from 5 year plan.
- 4/ Approval of Committee nominations
- 5/ Greg Cameron's daughters offered to have their coffee vans for shed function eg garage sale. They will only take out expenses.
- 6/ Drink machine to be installed at the shed. The machine was donated by Carle Hustwayte
- 7/ Chairs donated by lan's son to be reupholstered and try and sell if not sold then to be used by the shed.

IF YOU ARE SICK OR HAVE COLD SYMPTOMS DO NOT COME TO THE SHED THINK OF YOUR FELLOW SHEDDERS

HMSS .

Ted Riley and Albert Achterberg represented the Shed at the 2022 City of Hume volunteers acknowledgement celebrations. This was held at the Hume Town Hall on Saturday 4th June. A lot of organisations were represented and they had a big screen showing off the volunteers. Our shed had 4 photos on the big. screen.







How many numbers can you see?

In the year 2020, the Lord came unto Noah, who was now living in Australia and said:

"Once again, the earth has become wicked and over-populated, and I see the end of all flesh before me.

Build another Ark and save 2 of every living thing along with a few good humans."

He gave Noah the blueprints, saying:

"You have 6 months to build the Ark before I will start the unending rain for 40 days and 40 nights."

Six months later, the Lord looked down and saw Noah weeping in his yard - but no Ark.

Noah!," He roared, "I'm about to start the rain! Where is the Ark?"

"Forgive me, Lord," begged Noah, "but things have changed."

"I needed a Building Permit."

"I've been arguing with the Boat Inspector

about the need for a sprinkler system."

"My neighbours claim that I've violated the Neighbourhood Bye-Laws by building the Ark in my

back garden and exceeding the height limitations.

We had to go to the Local Planning Committee for a decision."

"Then the Local Council and the Electricity Company demanded a shed load of money

for the future costs of moving power lines and other overhead obstructions,

to clear the passage for the Ark's move to the sea.

I told them that the sea would be coming to us, but they would hear nothing of it."

"Getting the wood was another problem.

There's a ban on cutting local trees in order to save the Greater Spotted Barn Owl."

"I tried to convince the environmentalists that I needed the wood to save the owls - but no go!"

"When I started gathering the animals the RSPCA took me to court.

They insisted that I was confining wild animals against their will.

They argued the accommodations were too restrictive,

and it was cruel and inhumane to put so many animals in a confined space."

"Then the Australian Environmental Agency ruled that I couldn't build the Ark until

they'd conducted an environmental impact study on your proposed flood."

"I'm still trying to resolve a complaint with the Human Rights Commission

on how many minorities I'm supposed to hire for my building gang."

"Immigration are checking the Visa status of most of the people who want to work."

"The trades unions say I can't use my sons.

They insist I have to hire only Union workers with Ark-building experience."

"To make matters worse, the Inland Revenue seized all my assets,

claiming I'm trying to leave the country illegally with endangered species."

"So, forgive me, Lord, but it will take at least 10 years for me to finish this Ark."

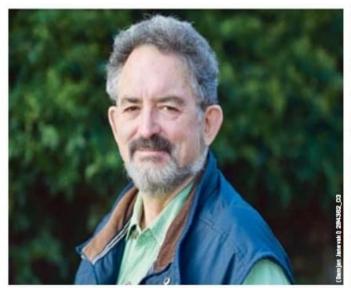
"Suddenly the skies cleared, the sun began to shine, and a rainbow stretched across the sky."

Noah looked up in wonder and asked,

"You mean you're not going to destroy the world?"

"No," said the Lord.

[&]quot; The Government beat me to it."



Christopher Hogan

Associate professor and Sunbury resident Christopher Hogan said it was "just lovely" to find out he'd been awarded a Medal of the Order of Australia (OAM) for his service to medicine on Monday.

"It's a rare honour, it's even rarer for it to be awarded for medicine," be said.

"Usually it's for contribution to our specific medical discipline, like general practice or surgery ... this is for contributions within and beyond my initial discipline."

The annual awards recognise outstanding and inspirational Australians, with 428 people made officers of the Order of Australia this year.

Associate professor Hogan started his career in Sunbury in 1979 as the equivalent of a general and rural proceduralist, working in his practice, in the hospital delivering babies, and attending in emergency.

In 1980, he started volunteering with Sunbury State Emergency Services, where he was for 13 years, attending over 100 road incidents. He embedded himself at the University of Melbourne (UoM), and was an inaugural member of the Victorian Research Network at UoM's department of general practice, where he was then awarded Honorary Clinical Associate Professorship in 2010.

Associate Professor Hogan has dedicated his life to the "ongoing continual improvement of the quality of services delivered by GPs".

His list of achievements is extensive, from his work with the Royal Australian College of General Practitioners, to work with the Victorian Department of Human Services, to his community engagement as a medical co-ordinator for the Victorian State Disaster Plan and the Sunbury Chamber of Commerce.

"I would like to thank my friends, families and colleagues, for all the love and support I have received over the years and all the colleagues in all the teams I have worked," he said.

"Most especially I thank my patients who taught me so much, and let me be a part of their lives."



Man Uses Piece Of Wood He Put In Garage In 1982 'Because It Might Come In Handy In The Future'

Using Shed Material and Equipment for personal use? Don't forget to make a donation

HMSS 7

00



Phone: 9744 5006

New and used tyres from \$25 - Repairs from \$15

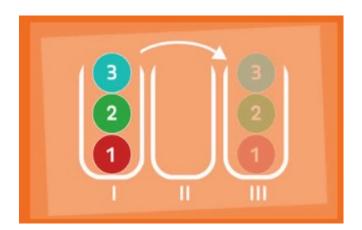
100 Horne St, Sunbury 3429

elite_tyres@outlook.com

Wheel alignments

Car, 4X4, truck, bobcat, forklift and tractor repairs

and many more.



How many moves are required to transport the balls from tube 1 to tube 3 if all the balls must remain in the same order?

Describe each move. 2

****URGENT****

The editor requires items of interest to place into the newsletter



We have been donated a wood lathe and it is surplus to our requirements.

Prior to listing it on Facebook we wish to give the members an opportunity to purchase it.

Please contact me with a reasonable offer for us to consider.

I have been advised that it is working and a good quality one. See pictures attached.







Wanted, men over the age of 60

A message from Charlie Chaplin

Charlie Chaplin lived to be 88 years old.

He left us four of his messages:

- (1) Nothing is permanent in this world, not even our problems.
- (2) I love walking in the rain because no one can see my tears.
- (3) The most wasted day in life is the day we do not laugh.
- (4) The six best doctors in the world are...:
- 1. Sun,
- 2. Rest,
- 3. Exercise,
- 4. Modesty,
- 5. Self respect
- 6. Good friends.

Stick with these things in all stages of your life and enjoy healthy living...

When you see the moon, you see the beauty of God..

If you see the sun you see the power of God..

If you look at yourself in the mirror, you see God's best creation. So believe that.

We are all just tourists here, God is our travel agent who has already determined our routes, bookings and destinations.. trust him and enjoy life.

Life is just a journey! Therefore live today to the fullest!

Tomorrow may never be no more..

Teacher: "Amy, what do call the outside of a tree?"

Student: "No idea miss"

Teacher told angrily: "Bark,

Amy".

Amy: "Bow Wow Wow

Miss"





When you have finished using any machinery, please clean up after yourself



Reminder To all SHEDDERS

All donated items are property of the shed.

All donated items sold to members are to be priced by the executive of the shed

Members using the shed equipment and or taking material are to make a donation to the shed as determined by a committee member or department head.

Bird netting to be placed over items collected to allow the appropriate committee member department heads to determine whether item to be kept for the shed, sold to members, sold to public or garage sale.

Furniture not to be collected. No items to be purchased from the tip unless prior authorization from the executive.

Birthday's for the month of June

Wayne Miller
David Carman
Barry Steer
Barry Burbridge
Trevor Dunn
Richard Zabielski

New sheddies for the month of June

George Szabo Michael Bishop

Weekly Raffle

\$1 per ticket

Prize: Car Wash Token

Drawn every Friday

Sponsored by Sunbury Car Wash



"People matter - so, we'll never stop caring."

STAY SAFE, STAY HEALTHY

Contact List

President Ted Riley

Vice President Dale Wilkes

Secretary Albert Achterberg

Assistant Secretary Ian Phillips

Treasurer Peter Canning

Assistant Treasurer Stan Rasanayagam

General Committee Mike Newman

General Committee Kevin Wood

General Committee (OHS, Property Maintenance) Kevin Swaffield

General Committee (Metal Fabrication.. Welding) Rob Musson

Woodwork Coordinator Peter Wilkinson

Assistant (Woodwork and Community Projects) Peter Hobbs

Woodwork and Community Projects Fred Parnis

OHS Assistant Barry Kelly

Editor Norm Ripp

Sponsorship Jim Moffat

Grants Nat Perri

Electrical Maintenance Kevin Wood

Garden Area Barry Burbridge

Metal Fabrication...(Fitting & turning)

Trevor Dunn

Shed Details

This Newsletter is produced by Hume Men's Shed (Sunbury) Inc.

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2021/2022 COMMITTEE



Secretary
Albert Achterberg



President Ted Riley



Treasurer
Peter Canning



Vice President



Assistant Treasurer Stan Rasanayagam



Assistant Secretary



Committee Mike Newman



Committee Kevin Wood



Committee Kevin Swaffield



Committee



Ex Officio Milton Oliver

SUNBURY MEN'S SHED PROUDLY ACKNOWLEDGE SUPPORTERS FOR 2021/2022

BUNNINGS SUNBURY

AUSSIE BROADBAND

CITY OF HUME

JOSH BULL MP

ROB MITCHELL MP

COMPASSION NORTH

KFC

NEXTRA SUNBURY NEWSAGENCY

ELITE TYRES

SUNBURY CAR WASH

HI TENSILE STEEL (Engineering Supplies)

GOOD GUYS (Sunbury)

Advertising/Sponsors

If you are a business that wishes to advertise or promote its service(s) or products, please contact us.

HUME MENS SHED SUNBURY IS A MEMBER OF



