

12 members enjoyed the seminar sponsored by Australia Post.

Lynette and Joan facilated the session which developed an awareness of the diversity of emotions in others, plus better understand yourself and your impact on others.

The seminars are conducted by MH Key Consultants

We also gained knowledge about the emotional well-being we experience from social engagement and how to increase both listening and communication skills.



Next seminar is Understanding Anxiety & Depression which will be held at the shed on Friday 15th June at 1pm



Good Day Shedders,



The months are just passing us by, but I hope that are all fit and well and keeping safe.

We have had a busy month:

We had a Sausage Sizzle at Bunnings on ANZAC day, with a huge big thank you for the helpers that turned up on the Day. Just a gentle reminder that we need more volunteers for our Sausage Sizzles in the future. If you have never volunteered for a sizzle, please think about doing so, we have plenty of fun and laughter on the day, and it is our best fund raiser that the Shed has throughout the year

We also had our Garage Sale, which was a huge success with lots of items sold on the day and before and after. Thank you Albert for always following up on our sale sites and making us a lot of money. It is very much appreciated.

A big thankyou also to the guys who did a working bee at Peter Wilkinson's this month, as he recovers from a stint in hospital. We send him our very best wishes for a speedy recovery and hope he feels better soon.

We have also had another couple of sickies and we wish them all a speedy recovery and hope that they are back at the Shed very soon.

The tree removal from Sunbury Bulla Road has begun, and a big thankyou to Winslow Infrastructure for storing this wood for us until we are ready to use.

Several of us attended a workshop at the Shed Wednesday 11th May for Emotional Safety in a Shared Environment, which was sponsored by Australia Post. It was very informative and we learned a lot.

It's been brought to my attention, that some guys are blowing sawdust off wood with compressed air. Please note that this is a safety hazard and must not be carried out. Also, please remember to clean your area before leaving, so it's safe and tidy for the next person. Remember we are all there for the same reason, to have fun, but to keep safe at all times.

Anyone having any problems and need to talk, please do not hesitate to contact, either myself or any committee member.

ALSO:

"YOU NEVER EVER KNOW IF YOU NEVER HAVE A GO"

Ted Riley - President

Don't wait to be asked to volunteer, offer to volunteer

HMSS

Attention all members of the Sunbury Mens Shed.

It has come to that time of the year again that we have to make a decision of who we elect for the committee for the coming year.

Nomination for the following positions on the committee are now open and will close 6^{th} June at 11am

PRESIDENT VICE PRESIDENT SECRETARY ASSISTANT SECRETARY TREASURER ASSISTANT TREASURER 4 GENERAL COMMITTEE MEMBERS

Nomination forms can be obtained from the secretary either by email or from the office.

Notice is also hereby given that the Annual General Meeting of the Hume Mens Shed Sunbury Inc will be held on Wednesday 6th July 10AM.

Items for the agenda must be lodged to the secretary by no later than 19th June 2022.

Please note there will be a general meeting straight after the AGM for general discussion.

DO NOT pay your membership fee until you receive an invoice

The committee also decided earlier this year to half the 2022/23 membership fee for renewals due to the shed closing for a long period of time.

Annual Fee for this year will be \$21PA (50% off normal annual fees)

MINUTES OF MEETING 17TH MAY 2022

Apologies

Minutes of previous meetings

Correspondence

23 pieces of correspondence were dealt with

New Members/ Membership renewal

General Business

1/ Permanent shed closing days Shed to be closed on Good Friday and Anzac Day. Shed also closed between Christmas and New Year.

2/ Reimburse drivers the local pickup and delivery fee for shed jobs which are charged a delivery/ pickup fee.

3/ Mezzanine to go onto 5 year plan Year 24 start planning 2023

4/ Insurance levy for members. Pro Rata for new members. Final levy amount to be determined by the executive.

5/ Ryobi Battery Saw \$149, authorize purchase

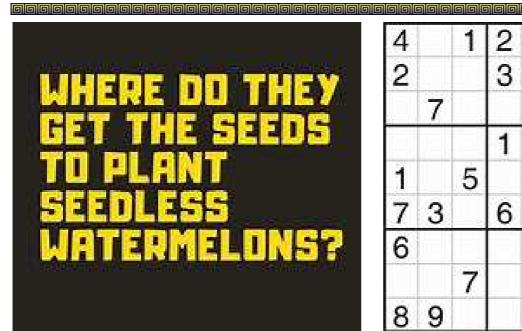
6/ Vacuum cleaner for Garry Pettit

7/ Ted to arrange fire training and look into sprinkle system and more fire extinguishers

8/ KFC lunches, members to donate \$5 each to offset lunch room costs

9/ BBQ and cover to be purchased by the shed at a cost of \$199 plus cover

10/ Water Tank removal or use to be looked at by Stan and Kevin W



4		1	23	9			7	5
4 2			3			8		
	7			8				6
			1		3		6	23
1		5				4		3
7	3		6		8			
6				2			3	
		7			1			4
8	9			6	5	1		7

Learn to take great Photos

Are you interested in learning to take great photos.

You will learn the fundamentals of a camera.

Once you become familiar with your camera we will take a trip somewhere and take some great photos. On return we will place them into Photoshop and edit them like the ones below.

By using 4 photos in "Lightroom" and "Photoshop" you will come up with the great photo











This photo is what is called a HDR High Dynamic Range picture.

If you are interested in photography, let **Rod Jackson** know and he will arrange a few lessons and let the fun begin

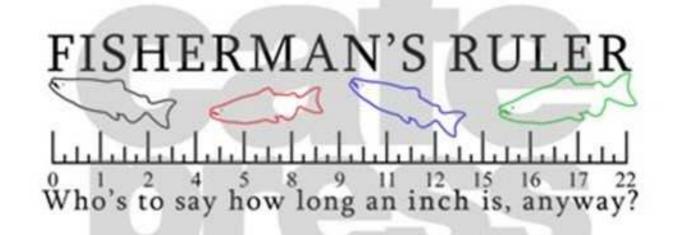
If you never have a go you will never know

HMSS



ALL members must renew their membership annually. Contact secretary Albert if you have not received your invitation to reapply for membership.





Using Shed Material and Equipment for personal use? Don't forget to make a donation



Phone: 9744 5006

New and used tyres from \$25 – Repairs from \$15

100 Horne St, Sunbury 3429

elite_tyres@outlook.com

Wheel alignments Car, 4X4, truck, bobcat, forklift and tractor repairs and many more.



****URGENT****
The editor requires
items of interest to
 place into the
 newsletter

What happens in the shed stays in the shed

HMSS



Wanted, men over the age of 60

To keep the braincells wired:

Paraprosdokians are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected and is frequently humorous. Winston Churchill loved them. Hope you do too.

1. Where there's a will, I want to be in it.

2. The last thing I want to do is hurt you...but it's still on my list

3. Since light travels faster than sound, some people appear bright until you hear them speak.

4. If I agreed with you, we'd both be wrong.

5. We never really grow up – we only learn how to act in public.

6. War does not determine who's right, only who's left.

7. Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.

8. To steal ideas from one person is plagiarism. To steal from many is research.

9. I didn't say it was your fault; I said I was blaming you.

10. In filling out an application, where it says, "In case of emergency, notify..." I answered, "a doctor."

11. Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they're sexy.

12. You do not need a parachute to skydive. You only need a parachute to skydive more than once.

13. I used to be indecisive, but now I'm not so sure.

14. To be sure of hitting the target, shoot first and call whatever you hit the target.

15. Going to church doesn't make you a Christian; any more than standing in a garage makes you a car.

16. You're never too old to learn something stupid.

17. I'm supposed to respect my elders, but it's getting harder and harder for me to find any.

When you have finished using any machinery , please clean up after yourself



Reminder To all SHEDDERS

All donated items are property of the shed.

All donated items sold to members are to be priced by the executive of the shed.

Members using the shed equipment and or taking material are to make a donation to the shed as determined by a committee member or department head.

Bird netting to be placed over items collected to allow the appropriate committee member department heads to determine whether item to be kept for the shed, sold to members, sold to public or garage sale.

Furniture not to be collected. No items to be purchased from the tip unless prior authorization from the executive.

Birthday's for the month of



Robert Musson

Ian Baird

Stephen King

Alan Jones

Gordon Monks Grahame Scutts

Norman Ripp Peter Wilkinson

Brian Ross

Graeme Ainger Raymond Strong

New sheddles for the month of May

David Carman

Weekly Raffle

\$1 per ticket Prize: Car Wash Token Drawn every Friday Sponsored by Sunbury Car Wash



STAY SAFE, STAY HEALTHY

To keep the braincells wired:

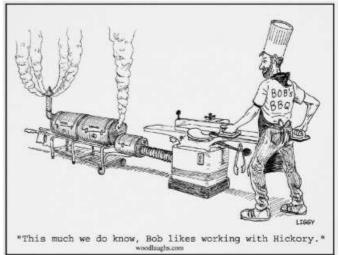
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Contact List

President	Ted Riley
Vice President	Dale Wilkes
Secretary	Albert Achterberg
Assistant Secretary	Ian Phillips
Treasurer	Peter Canning
Assistant Treasurer	Stan Rasanayagam
General Committee	Mike Newman
General Committee	Kevin Wood
General Committee (OHS, Property Maintenance)	Kevin Swaffield
General Committee (Metal Fabrication Welding)	Rob Musson
Woodwork Coordinator	Peter Wilkinson
Assistant (Woodwork and Community Projects)	Peter Hobbs
Woodwork and Community Projects	Fred Parnis
OHS Assistant	Barry Kelly
Editor	Norm Ripp
Sponsorship	Jim Moffat
Grants	Nat Perri
Electrical Maintenance	Kevin Wood
Garden Area	Barry Burbridge
Metal Fabrication(Fitting & turning)	Trevor Dunn

Shed Details

This Newsletter is produced by Hume Men's Shed (Sunbury) Inc.

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2021/2022 COMMITTEE



Secretary Albert Achterberg



President Ted Riley



Treasurer Peter Canning



Vice President



Committee Mike Newman



Committee



Assistant Treasurer Stan Rasanayagam



Committee Kevin Wood



Assistant Secretary



Committee Kevin Swaffield



Ex Officio Milton Oliver

Sunbury Men's Shed

Proudly Acknowledge

SUPPORTERS FOR 2021/2022

BUNNINGS SUNBURY

AVSSIE BROADBAND

CITY OF HUME

JOSH BULL MP

ROB MITCHELL MP

COMPASSION NORTH

KFC

NEXTRA SUNBURY NEWSAGENCY

ELITE TYRES

SUNBURY CAR WASH

HI TENSILE STEEL (Engineering Supplies)

GOOD GVVS (Sunbury)

Advertising/Sponsors

If you are a business that wishes to advertise or promote its service(s) or products, please contact us.

HUME MENS SHED SUNBURY IS A MEMBER OF





Australian Men's Shed Association

HMSS