



SPOTTING THE PROBLEM

Sometimes the cause of someone's struggle is something obvious and affects everyone in the community like a drought, food or bushfire.

More often it's something personal like financial worries or the breakdown of a relationship. But while the signs can sometimes be subtle and very hard to spot, there can be clues that someone's not doing so well.

When somebody stops answering and returning calls, for example, or when they don't turn up to a BBQ or you just don't see them much anymore. You might just have a gut feeling that something's not quite right.

DON'T IGNORE IT, FIND SOME TIME TO ASK IF THEY ARE OK.



President's Report

October 2020

Hi Everyone,

It's now October and we have gone through a lot of inconvenience with this Covid.

But we must all be patient and brighter days are not too far away I am sure.

The Executive had a skype meeting in September to try and work out the work that must be done before we can open the shed to everyone. Further details of this will be emailed to you at a later stage when we know for sure when the next restrictions are lifted.

The electrical work is being done by the Shire electrician and it should be all finished before everyone returns.

We have had notification from the State Government in regards Funding for all Mens Sheds to the value of \$2300.00. Nat Perri has submitted the application and we will await the response. We are having discussions on what we can use the funding on and we will let you know ASAP.

The Committee is focused on keeping in touch with everyone via phone calls, to make sure everyone is keeping safe. If you or you know of anyone that needs a little help, please let one of the Committee members know, so that we can get help to the ones that need it. If anyone needs a telephone number please get in touch with Albert, you can also arrange to meet another shedder down the street for a coffee and a chat.

Once again all please be patient and we will be back to our Shed as soon as we are permitted. "Quilty" is really missing you all and can't wait to get back also.

Stay safe everyone.

We are sad to report that Mick Astone past away on Friday.

Our condolences go to his family.

Secretary's Report

October 2020

Well another month, another month of lockdown.

Hope you are all doing well during these difficult times. I suppose in a way we are the lucky ones **Because**;

We cannot lose our job.

We still have a steady income.

Most of us do not have a mortgage to worry about.

BUT:

We do miss the shed

We do miss touching and seeing our grandchildren.

We do miss touching and seeing our family.

We do miss catching up with friends.

We would love to get our hair cut.

The bright side of all this is;

We do have a nicer garden.

We have done a lot of gonna do jobs.

The shed has still been busy during this time. Have you participated or going to participate in the following programs ?;

Shocktober Monday 12th October

Safe Driver Presentation 26th October

CPR Refresher course -date to be advised

Governance Training 7th & 8th of December (Committee members)

Financial literacy Feb 8th & 9th 2021 (Committee members)

Mental Health training Jan, Feb or March 2021.

We have applied/received for the following grants;

City of Hume – automatic senitisers – grant received

National Shed Development Program via Australian Mens Shed Association – Mental

health 2 day course – grant received

City of Hume – Concreting of trailer area – grant applied for.

Hope to see you face to face soon

Albert Achterberg

Sam and Josh had worked together as partners in their construction business for over fifty years, one day after returning from a check up with the doctor Sam mentioned that the doctor had suggested that both of them should start writing things down as at their age they start to be forgetful.

Josh laughed at the idea, "My mind is still sharp as a tack, what did you need me to pick up at the hardware store?. A dead bolt for the back door, Sam replied.

Half an hour later Josh returned, "There you go electrical box, outlet and cover plate." he proudly announced.

"YOU IDIOT!" Sam screamed at him, "Told you to make a list, I sent you for a bathroom faucet."



Welding Tip #2

First practice handling the gun without actually welding. Rest its barrel in one hand, and support that hand on the table. The other hand operates the gun's trigger. Stand in a comfortable position and move the gun steadily over the work surface. Adjust your posture and the gun movement so that they feel natural.

Attach the work lead to the workpiece, and hold the gun so the wire meets the weld surface at about 30 degree angle. Touch the wire very lightly to the surface, squeeze the trigger, and gently pull the gun gently towards you to make your first weld.

The wire should melt off into the weld puddle at an even rate and make a steady crackling noise as you go. Adjust the welder settings if needed.

Tom Hanks survived 4 years on an island as a castaway

He spent a year in an airport without being able to leave

Caught AIDS in Philadelphia

He was in World War II and rescued Private Ryan

He went to Vietnam and rescued Lieutenant Dan

Was on a boat kidnapped by Somali pirates

Survived Apollo 13 trying to reach the moon

Landing a Boeing on the Hudson River

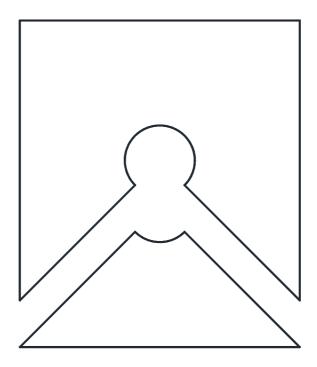
If that son of a bitch dies of coronavirus, we are ALL

First day back at school after lockdown (2) 22 2



Don't wait to be asked to volunteer, offer to volunteer

How to make corner clamps



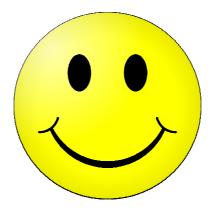
Material: 19 x 120 x 120mm Pine or Ply

Instructions:

- Cut 4 pieces 120 x 120 square
- Scribe corner to corner to find centre
- Drill 30mm hole in the centre
- With a jigsaw cut from 2 corners to the centre
- With sand paper clean all surfaces
- With the corner clamps and quick clamps, you now have a set of clamps for gluing picture frames



"People matter - so, we'll never stop caring.



SMILE AND THE WORLD WILL SMILE BACK



BREAKING NEWS... swimming pools to re-open from the 4th July, but due to continued social distancing regulations there will be no water in lanes 1, 3 and 5.....

Don't wait to be asked to volunteer, offer to volunteer



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Shop assistant fought off armed robber with his labelling gun.

Police are now looking for a man with a price on his head.

Law of Probability - The probability of being watched is directly proportional to the stupidity of your act.

Bírthday's For the month of October

Barry Kelly **Annesley Caspersz** Ian Thompson Graeme Simmons Arnold Sharpe Stan Petryk Narayan Lingam Brian Girdwood Ian O'Brien Keil Maslen Geoff Fanning Victor Swain Albert Mastramico Karl Woetzel Milvan Francescutti Milton Oliver



People of importance

President (Metal Fabrication..Welding)

Ted Riley

Vice President Dale Wilkes

Secretary Albert Achterberg

Assistant Secretary Ian Phillips

Treasurer Stan Rasanayagam

Assistant Treasurer Peter Canning

General Committee Mike Newman

General Committee (Special Projects)

Ian Lupson

General Committee (OHS, Property Maintenance) Kevin Swaffield

General Committee (Woodwork and Community Projects) Peter Wilkinson

Assistant (Woodwork and Community Projects) Peter Hobbs

Woodwork and Community Projects Fred Parnis

Editor Norm Ripp

Assistant Editor Bill Lingam

Sponsorship Jim Moffat

Grants Nat Perri

Electrical Maintenance Kevin Wood

Garden Area Barry Burbridge

Metal Fabrication...(Fitting & turning)

Trevor Dunn

Barbecue, trailer stocking... (everything to do with food)

Peter Morphou

Shed Details

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SUNBURY MEN'S SHED PROUDLY ACKNOWLEDGE SUPPORTERS FOR 2019/2020

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