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Sunbury

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Newsletter

Issue no 313

Shed Chatter

December



Merry Christmas

And a Happy New Year



Hi to all Shed members,

So, another year is coming to a close and this gives us a chance to reflect on the year past. Like any organisation, we have had an exciting year. We had the opening of our new extension, giving us a lot more room for storage and releasing much needed space in the main workshop. The insulation and lining of the extension together with the wiring and installation of racking was another example of team work and camaraderie. Whilst all this was open and visible there was also a lot of work put in behind the scenes to bring it all together. You all know who you are.

Which brings us to our Xmas dinner party at the Bowling Club. What a great night and I'm sure that those that attended will agree that Nat Perri and his wife Susan did a fantastic job organising the event. It was great to see members and their partners moving around the tables and catching up with friends and renewing acquaintances. For those that did not attend – you missed a truly enjoyable evening.

As we enter the festive season, we are reminded of the spirit of Christmas. Spending time with family and friends as well as the giving and of receiving gifts. To most it is the giving of gifts that is the most rewarding. Just as those that get involved in their community or a specific organisation get satisfaction from contributing and being a team member.

May you all enjoy a safe and happy festive season with your families and may the New Year meet all your expectations.

Cheers for now

Mike Newman
President

*This Newsletter is produced by Hume Men's Shed (Sunbury) Inc. 158-160 Evans Street, Sunbury
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Our Christmas Party 2018





Men's Shed Xmas Dinner

Good evening everybody, and welcome to our 2018 Xmas Dinner. Also, a special welcome to our guests tonight, the Rev Milton Oliver and his wife Anne. We hope you enjoy your evening with us.

Before I go any further, I would like to express my sincere thanks to Nat Perri and his wife Susan who have done a fantastic job organising the event and decorating this room.

Approximately seven years ago a small group of guys, led by Garry Pettit instigated the feasibility of having a Men's shed in Sunbury. By word of mouth they came in contact with Milton who was already working with Craigieburn Men's Shed. Milton agreed to assist and sponsor the shed by taking it under the wing of RPCC.

Milton's commitment, assistance, and mentoring has greatly assisted the shed to becoming what it is today.

With Garry being the inaugural President, he was followed by Ian Lupson, Dieter Jankovich, and Kevin Swaffield. Four presidents in seven years – a lot better than our federal government!!

These four gentlemen, and their respective committees, along with dedicated members, and supportive partners have guided the shed through a major renovation and extension, not forgetting the welding shed and gardens whilst maintaining a healthy balance sheet, which is a reflection of their fiscal responsibility.

It is interesting to note that over that time, through grants, donations, sausage sizzles, and sales of goods, the shed has raised over \$330,000. All from the efforts of members.

Having said all that, it is not time to rest on our laurels. We have more work to do. We have to improve our approach to welfare and mental health. We have to address the potential of excessive membership and how we will handle it. We have to readdress our layout in terms of the kitchen area and toilet facilities. And. We have to kerb our horders and get rid of all the excess materials we have lying around collecting dust.

The future looks good, let's keep up the enthusiasm, maintain the comradery. Let us all do our part to keep moving forward and leave a strong legacy for those that follow.

Lastly, what about The Retro Girls? Aren't they great? Thanks to Annesley for his recommendation.

Thank you and enjoy the rest of the night.



Get to know your mate at the shed



Name: Narayan Sanker Lingam (Bill Lingam)

Place of Birth: Fiji.

Email: billlingam@rocketmail.com

Mobile No: 0468327543

Education/Employment Details.

Education

I hold a Diploma in Public Health from Royal Society of Health, London.

Employment

After completing my tertiary education in 1977, I worked for the following institutions/organisations in various positions as follows:

- a). Subdivisional Health Inspector, Ministry of Health, Government of Fiji
- b). Health/Building Surveyor, Sigatoka Municipal Council, Fiji
- c). Health/Building Surveyor, Nausori Municipal Council, Fiji
- d). Chief Executive Officer cum Health/Building Surveyor, Sigatoka Municipal Council, Fiji
- e). Self-employed as a Building Contractor in Fiji
- f). Director of Works/Operations cum Health/Building Surveyor, Nasinu Municipal Council, Fiji
- g). Manager, Cambridge Farms (Fiji) Ltd, Sugar Cane Farming/ Mechanised Cane Harvesting, Fiji

After retirement in 2006, I, with my wife, are involved in Charity Works under "Pillai Lingam Family Foundation Trust" granting scholarships to needy students in education within the district of Sigatoka Fiji.

Interest/Hobbies

Golfing, Fishing, Travelling and Community Works.

At the beginning of 2015, we migrated to Australia, as Permanent Residents, to join our son and daughter-in-law, who are both Pharmacists in Melbourne, Victoria.

I have been a member of Hume Men's Shed Sunbury since July, 2016 which I very much enjoy.

Merry Christmas and Happy New Year to you all!!!

Bula Vinaka (Thank you).

Bill Lingam.

The Santa Slay

We would like to thank all the Members that help making a great display for our shed for Christmas



Hume Community Grants program

Mike and Nat receiving cheque from Hume Community Grants program Wednesday 12th December. In photo with us are Councillors Leigh Johnson, Jack Medcraft & Ann Potter. The money will go towards the purchase of a New: Fisher & Paykel 60cm Double Dishwasher Model #DD6ODDFX7 or DD6ODCW9 for the kitchen.



Barry's garden

Over the last 12 months Barry and Lew and their helpers once again a great crop of vegies for us all to enjoy and talk about to others and boy have they been fresh and sweet better than anything you buy in the Supermarket. Just wondering what he will grow in 2019.

A big thanks to Barry and Lew



Barry had a few 1000 friends drop in this year.

But they only stayed for a couple of weeks in October and left without paying the bill



No it is not Barry's new girl friend but a new helping hand around the place when we are not there so go and say hi to her.

SHES A GOOD LOOKER TOO

Welfare Co-ordinators

Annesley Caspersz and Pete Hobbs

Annesley has worked in many different occupations, and in various parts of Australia. Part of his employment includes working as a professional mental-health counsellor, teacher, and mediator (family and general conflict mediation). He is a father of three grown-up children, and a grandfather of nine children.

Pete did a five-year apprenticeship as an offset printer and then studied full time for a science degree.

He had a supervisory role in a UK government printing office, before emigrating to Melbourne and spending the remainder of his career in sales and marketing. He has one wife, one step-daughter, one son-in-law, one grand-daughter, and two cats.

Welfare Co-ordinators are appointed by the Shed Committee and their position will be reviewed from time to time.

The Welfare Co-ordinators are not psychiatrists, psychologists or behaviourists. In other words, they are not there to provide professional services to members.

Welfare Co-ordinators may not know the answer to your problem but will assist in trying to get you an answer/ solution.

Welfare Co-ordinators will adhere strictly to a professional code of conduct and ethics. This means maintaining confidentiality and privacy. In critical cases, and if/when the need arises, the Co-ordinators will need to notify someone in authority or a suitable professional person (in the general community), a family member, or even the Club president. The Welfare Co-ordinators will not report any personal information to the committee members or other members of the shed, except in cases as those mentioned above.

Should a third party- e.g. a spouse, family member, friend etc.- provide a Co-ordinator with personal information regarding a Shed Member, the Co-ordinator will not approach that Shed Member until that third party has provided permission for that Co-ordinator to then approach the Shed Member.

Co-ordinators will mainly keep a 'mental note' of what transpires between the Shed Member and themselves. On some occasions written notes may be necessary. At times - for example, if/when a club member mentions that he is experiencing severe mental health issues- the Co-ordinator will notify someone in authority or a suitable professional person (in the general community), a family member, or even our own Shed president.

Welfare Co-ordinators will also arrange for guest speakers to talk to Shed Members as a group- e.g. regarding mental health issues, men's general health, etc.

Welfare Co-ordinators (and the Hume Men's Shed, Sunbury) will acknowledge members who are sick or bereaved. (PLEASE NOTE: We urge members to advise either the Welfare Co-ordinators, the President, or the Secretary so that such acknowledgement can be provided. We care about our "Shedders").

However, if we are not told then we cannot acknowledge.

Welfare Co-ordinators are only available at the Shed and during Shed hours.

Dec Birthdays



<u>Name</u>		<u>D.O.B.</u>
Alan	Phillips	2-Jan
Chris	Butterly	4-Jan
Kev	Woods	9-Jan
John	Peachey	13-Jan
Hank	Alkemade	16-Jan
Larry	Desmond	19-Jan
Bill	Van Berlo	23-Jan
Billy	Macumber	27-Jan
Bruce	McGhie	29-Jan



No new members this month

New Members



People and Roles

President: Membership Manager,
Assistant Treasurer:
Mike Newman



Vice President, Metal Fabricating
and Welding:
Ted Riley

Treasurer:
Stan Rasanayagam



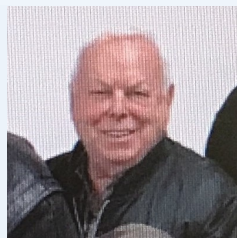
Secretary:
Albert Achterberg

General Committee:
OH&S Manager, Maintenance Manager:
Kevin Swaffield



Garden Area Manager:
Barry Burbridge

Woodwork and Community
Projects Manager:
Peter Wilkinson



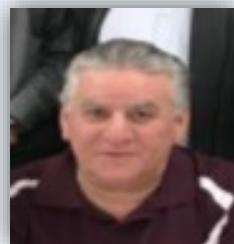
First Aid: OH&S with Kevin
General Committee:
Rod Jackson

Woodwork and Community Pro-
jects:
Fred Parnis



Electrical Maintenance:
Kevin Wood

Property Maintenance:
General Committee:
Dieter Jankovic



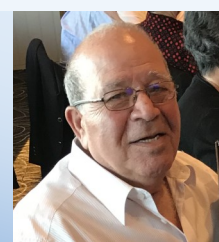
Grants Manager:
WFD consultant:
Nat Perri

Sponsorship Managers:
Jimmy Moffat,



Special Projects:
General Committee
Ian Lupson:

Barbecue trailer stocking
Manager:
Peter Morphou



Metal Fabrication:
Trevor Dunn

General Committee:
John Hunter



Committee Notes

**Shed Xmas break dates which are
Close from Friday noon on the 21st December 2018
and resume 7th January 2019,**

Bunnings Sausage Sizzle Dates

Please check the board for dates

Shed Details

***This Newsletter is produced by Hume Men's Shed
(Sunbury) Inc. 158-160 Evans Street Sunbury, 3429,
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www.sunburymensshed.com***

Please Note

Our New Phone No is 0459266840



Our Newsletters and promotional pamphlets are printed at our State Member for Sunbury, Josh Bull's office and Cartridge World Sunbury and gratefully received as a Community Service



Hume Men's Shed Sunbury

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